



## Toolkit No. 1: December 2007

### An Overview of Terms Related to Video and Audio on the Web

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#### File Compression

Compression software takes a video or audio file and makes it smaller, usually by losing some data. Most video and audio files that are put on the Internet or players like iPods are compressed. It is used so that downloading, or streaming, files can be done more quickly and take up less space.

In the case of audio files, compression will start by taking out imperceptible frequencies. Video files tend to be compressed by taking out frames that are replicated in a shot.

However, more heavy handed compression can lead to problems – music becomes distorted and videos become pixilated. A happy medium has to be found between the quality of the file after compression, the size of the file and what you wish to do with it, whether offering as a stream, download, or for use on your iPod.

#### Podcasts

Podcasts are usually audio or video files that are downloaded from the web to your machine. 'Vodcasts' refer to video files. It is safe to refer to either audio or video files as podcasts when disseminated in this fashion.

Importantly, once you subscribe to a podcast, your machine will automatically download any new file when it is available, which keeps you up to date without your having to do anything after the initial subscription (which is usually free). This is very useful for news or radio programmes.

To subscribe and play a podcast you need to download an aggregator (player), such as iTunes, which is free. There are other free aggregators available. Just search with Google for 'free podcast aggregators'.

The web page containing the podcast will offer you a url (web address) for you to copy and paste into your aggregator. In iTunes, you drop down the 'Advanced' menu, and paste the url into the 'Subscribe to Podcast' window. Your iTunes software will then download the latest programme every time you open it. If you have an iPod, that will be automatically updated when you plug it into your computer.

If you want to put a video or audio file on the web to allow people to watch on a permanent basis, you would not podcast, you would stream or simply offer it as a download. Podcasts are designed to be updated regularly. Streaming and downloading tend to be used for files that are not updated regularly.

#### RSS Feeds

RSS feeds are a means of getting updated content automatically. They are like podcasts in that you subscribe to them, and then video or audio files are refreshed on your player when new material is offered, without your having to do anything (your player being a news reader or RSS enabled web browser – go to the BBC link below for a full and very good explanation). The difference to a podcast is that an RSS feed can also enable text, updated web pages and videos to be downloaded to your player, whereas podcasts tend to only work with audio or video files.

Go to the BBC webpage for a full description of how RSS feeds work. There are also lots of interesting RSS feeds there, and the BBC encourage you to add their RSS feeds to your websites:  
<http://news.bbc.co.uk/1/hi/help/3223484.stm>

## **Streaming**

Streaming is the process by which you can click on a link and watch a video file or listen to an audio file without downloading it to your computer. A video or audio file is usually placed on a server dedicated to streaming.

Streamed video and audio content can and usually is set up so nothing is downloaded to your machine. The advantage is that the files can't easily be copied, which is useful in terms of protecting copyright. Also, the viewer doesn't have to worry about the download size of a file, and streams can be set up to be very low or even variable bitrates (speed of information transfer) to suit the speeds of your Internet provision. Streaming is often the preferred way to show long video files to viewers.

When creating and compressing files to be streamed, particular attention has to be paid to the file format/codecs that is used, i.e. .wmv, .rm, .mov, etc. Also, settings have to be made specifically within these codecs to specify whether you're using that particular file type to stream or simply to download.

## **Codecs**

A codec is a device or program that encodes your video/audio into a format, and also decodes the format of a file so it can be played on a computer/the web, etc.

The format of the file will tell your computer to open it in a particular program, so a Windows .wmv file will need to be opened in a Windows player. The codec will then decode the video.

Occasionally, you may have a video that will not play, even though it seems to be a .wmv file. This may be because the codecs on your computer are not up to date. You may get an error message telling you this. You should keep your player up to date by accepting updates that you will receive if your computer is connected to the Internet.

## **File Formats**

If you want to show a piece of video over the Internet, you will have to decide which file format to use and how your viewers will see it. Why? You may remember the Betamax and VHS video formatting competition in the 80s. The same situation exists with wmv, .rm, .mov and the codecs to decode those files, in terms of their being in competition, needing particular players to view them, and having slight differences in quality and the way they are coded.

### **MP3 (officially known as MPEG-1 Audio Layer 3)**

An MP3 is an audio file. MP3s are small in file size, which makes them ideal for use on the web or players like iPods, which have a finite amount of disc space. An MP3 works through clever software taking audio files and cutting out varying levels of data (see 'File Compression').

In general, an audio file of a person speaking should not be compressed less than 128 kbps, and music shouldn't be compressed lower than 320 kbps.

### **WAV (waveform audio format – sometimes called WAVE)**

WAVs are uncompressed audio files, sometimes known as RAW audio file format. WAVs tend to be large files. A user may record something in WAV and use that as a master file, then compress into MP3 for use on the web. You wouldn't offer WAVs for download or streaming on the web, as the files are too large.

### **.wmv (Windows Media Video)**

.wmv is a file format. You will see video files in .wmv format, e.g. myfirstvideo.wmv

.wmv files require a Windows Media Player to view them. You can offer .wmv files for download, or stream them.

### **.rm (Real Media)**

.rm files are known as Real Media files. .rm files usually only play on Real Media players. They can be streamed and downloaded.

### **.mov (or) .qt (QuickTime Movie)**

This is Apple's file format for video. You will need a QuickTime player to play files with either a .mov or .qt file extension. It can also be used as a download, or streamed, though when streaming .mov you will need to tell your software to create 'hinted' .mov files. (Contact Jason Williams at INSPIRE: j.l.williams@anglia.ac.uk, for information.)

### **MPEG-4 (Moving Picture Experts Group, MPEG)**

MPEG-4 refers to a range of compression and encoding for video and audio files. H.264 is one of them.

### **H.264**

A relatively new standard for compression – also known as MPEG-4 part 10 – this is great for compressing videos for use on video iPods and mobile phones. H.264 was created to achieve smaller files with better quality.

### **Flash.swf (Abode Flash)**

Flash is a player and system for creating files like video files, animation, etc. Your web browser probably has a Flash Player already installed. YouTube uses Flash to convert uploaded videos.

The benefits of using Flash are that the player is small and easy to download, the files tend to be small, and stream very well, and a great deal of interactivity can be incorporated into the file. An example of interactivity might be that a person talking on a video could say, 'Click on my hand', and after clicking you would be taken to another piece of video. The file extension (name) for Flash files is .swf.

YouTube will accept any of the three main formats (.wmv/.mov/.rm) and automatically converts them to Flash.

## Technology Acronyms – George Evangelinos, INSPIRE

ADSL	Asymmetric Digital Subscriber Line	OLE	Object Linking and Embedding
AIFF	Audio Interchange File Format	P2P	Peer to Peer
ASCII	American Standard Code for Information Interchange	PATA	Parallel Advanced Technology Attachment
ASF	Advanced Streaming Format	PCM	Pulse Code Modulation
ASP	Active Server Pages	PCMCIA	Personal Computer Memory Card International Association
ATA	Advanced Technology Attachment	PDA	Personal Digital Assistant
ATM	Asynchronous Transfer Mode	PDF	Portable Document Format
AV	Audio Visual	PEARL	Practical Extraction and Report Language
AVI	Audio Video Interleaved	PHP	Personal Home Page (PHP) Hypertext Pre-processor
CAD	Computer Assisted Design	PNG	Portable Network Graphics
CCTLD	Country Code Top Level Domain	POP	Post Office Protocol
CD-RAM	Compact Disc – Random Access Memory	PPP	Point to Point Protocol
CD-ROM	Compact Disc – Read Only Memory	QoS	Quality of Service
CD-RW	Compact Disc – ReWritable	QT	QuickTime Movie
CGI	Common Gateway Interface	RAM	Random Access Memory
CMS	Content Management System	RDBMS	Relational Database Management System
CODEC	COder DECoder	RGB	Red Green Blue
CPU	Central Processor Unit	RM	Real Media
CRM	Customer Relation Management	ROM	Read Only Memory
CSS	Cascading Style Sheets	RSS	Really Simple Syndication or Rich Site Summary
DBMS	DataBase Management System	RTSP	Real Time Streaming Protocol
DDoS	Distributed Denial of Service	SAN	Storage Allocation Network
DHCP	Dynamic Host Configuration Protocol	SAS	Serial Attached Storage
DNS	Domain Name System	SATA	Serial Advanced Technology Attachment
DoS	Denial of Service	SCSI	Small Computer Standard Interface
DOS	Disk Operating System	SET	Secure Electronic Transaction
DSL	Digital Subscriber Line	SGML	Standard Generalised Mark-up Language
DTP	DeskTop Publishing	SMTP	Simple Mail Transfer Protocol
DVD	Digital Versatile Disk	SQL	Structured Query Language
DVD-RAM	Digital Versatile Disc – Random Access Memory	SSL	Secure Socket Layer
DVD-ROM	Digital Versatile Disk – Read Only Memory	SWF	Small Web Format
DVD-RW	Digital Versatile Disk – ReWritable	TCP	Transmission Control Protocol
FDDI	Fibre Distributed Data Interface	TIFF	Tagged Image File Format
FLV	Flash Video	TLD	Top Level Domain
FPS	Frames Per Second	UDP	User Datagram Protocol
FTP	File Transfer Protocol	UNIX	UNIpLeX information and computer services
GIF	Graphics Interchange Format	UPS	Uninterrupted Power Supply
HTML	Hyper Text Mark-up Language	URL	Universal Resource Locator
HTTP	Hyper Text Transfer Protocol	VDU	Video Display Unit
HTTPS	HTTP over SSL	VoIP	Voice over Internet Protocol
ICANN	Internet Corporation for Assigned Names and Numbers	VRML	Virtual Reality Modelling Language
ICMP	Internet Control Message Protocol	W3C	World Wide Web Consortium
IP	Internet Protocol	WAN	Wide Area Network
IPTV	Internet Protocol TeleVision	WAP	Wireless Application Protocol
ISDN	Integrated Services Digital Network	WAV	WAVEform audio
ISP	Internet Service Provider	WIFI	WIREless Fidelity
JPEG	Joint Photographic Experts Group	WMA	Windows Media Audio
LAN	Local Area Network	WML	Wireless Mark-up Language
MOV	MOVie file format	WMV	Windows Media Video
MP3	MPeg1 audio layer 3	WWW	World Wide Web
MPEG	Moving Picture Experts Group	WYSIWYG	What You See Is What You Get
NAS	Network Attached Storage	XHTML	eXtensible HyperText Mark-up Language
NAT	Network Address Translation	XLL	eXtensible Linking Language
NFS	Network File System	XML	eXtensible Mark-up Language
OCR	Optical Character Recognition	XSL	eXtensible Style Sheet Language
ODP	Open Directory Project		

### Disclaimer

The views expressed in this paper do not represent Anglia Ruskin University policy.

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